Weekly Assignments

| Name: | Sweet | Month: | August | Year: | 2021 |
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|  | | Mon: | **23** | | --- | --- | | | **TUES:** | **24** | | --- | --- | | | **WED:** | **25** | | --- | --- | | | **THURS:** | **26** | | --- | --- | | | **FRI:** | **27** | | --- | --- | |
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| **fitness 10** | Tennis  Continuing work on control with forehand and backhand groundstrokes.  New partners today | Serving practice today as well as volleys. Practice matches today, Doubles. | TOURNAMENT  Who serves, how long do they serve, from where to where. How many games, etc. | Continue tournament.  What happens if partner is gone in tournament? | NO SCHOOL |
|  | Intro Serving today. Demo both underhand and over hand.  Review/ Intro basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. |  |
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| **Activity 4 life** | Singles and Doubles Tennis- This week. We will warm up with some ground strokes and serving  Review of play , who serves and scoring  We will play an entire set to decide the winner. | Continue round robin tennis  Singles and doubles.  Winner will get the least points for standings and last will get the most for standings --- hint --- you want the least at the end of the quarter and semester. | Continue round robin tennis  Singles and doubles.  We will start with doubles matches and try to get singles in if time this week. | Continue round robin tennis  Singles and doubles.  We will start with doubles matches and try to get singles in if time this week. | NO SCHOOL |
|  | Dress out | Dress out | Dress out | NO DRESS | NO DRESS |