Weekly Assignments

| Name: | Sweet | Month: | August | Year: | 2021 |
| --- | --- | --- | --- | --- | --- |

|  |

| Mon: | **23** |
| --- | --- |

 |

| **TUES:** | **24** |
| --- | --- |

 |

| **WED:** | **25** |
| --- | --- |

 |

| **THURS:** | **26** |
| --- | --- |

 |

| **FRI:** | **27** |
| --- | --- |

 |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **fitness 10** | TennisContinuing work on control with forehand and backhand groundstrokes.New partners today | Serving practice today as well as volleys. Practice matches today, Doubles.  | TOURNAMENT Who serves, how long do they serve, from where to where. How many games, etc.  | Continue tournament. What happens if partner is gone in tournament? | NO SCHOOL |
|  | Intro Serving today. Demo both underhand and over hand.Review/ Intro basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. | Review basic rules and court play. Lines, scoring service boxes, etc. |  |
|  |  |  |  | . |  |
|  |  |  |  |  |  |
| **Activity 4 life** | Singles and Doubles Tennis- This week. We will warm up with some ground strokes and servingReview of play , who serves and scoringWe will play an entire set to decide the winner.  | Continue round robin tennis Singles and doubles.Winner will get the least points for standings and last will get the most for standings --- hint --- you want the least at the end of the quarter and semester. | Continue round robin tennis Singles and doubles.We will start with doubles matches and try to get singles in if time this week. | Continue round robin tennis Singles and doubles.We will start with doubles matches and try to get singles in if time this week. | NO SCHOOL |
|  | Dress out | Dress out | Dress out | NO DRESS | NO DRESS |